



Omega-3

QUALITYSILVER®

A pure, sustainable, high-quality product for a balanced diet

	1 unit	3 + 1 free
500 mg / 30 capsules	9,00 €	27,00 €
500 mg / 90 capsules	23,90 €	71,70 €

PRINCIPAL INDICATIONS:

Cardiovascular, Muscles and Skeletons, Weight (food balance)

Omega 3 is vital to a good nutritional balance. These non-saturated fatty acids present particularly in oily fish are most of the time not provided in sufficient quantities by our food, still too rich in saturated fatty acids.

Omega 3 limits excess cholesterol and **helps to decrease the risk of cardiovascular disease** (brain, heart and blood vessels). It is also said to lessen **pain** and **inflammation**.

Produced from wild fish oils using **sustainable fishing practices**, our Omega 3 concentrate is free of contamination and contains no pesticides or heavy metals. By choosing Qualitysilver®, you can be assured of the maximum PURITY, QUALITY and SUSTAINABILITY of our fish oils.

Composition

INGREDIENTS:

In 3 capsules: 1500 mg of omega-3 **fish** oil concentrate (eicosapentaenoic acid, EPA 435 mg, docosahexaenoic acid, DHA 300 mg) in the form of triglycerides [Qualitysilver®].

OTHER INGREDIENTS:

Antioxidant (E306): tocopherol-rich extract, antioxidant (E392): extracts of rosemary. Capsule: **fish** gelatine, humectant (E422): glycerol.

ALLERGENS:

Do not consume if allergic to fish.

FABRICATION AND GUARANTEE:

This food supplement is manufactured in accordance with GMPs (GMPs are the Good Manufacturing Practices according to current European Pharmaceutical Industry). The fish used have been caught out at sea, off the coast of Peru and Chile, using fishing methods that respect the environment. In other words, no trawling nor deep-sea nets, the only technique used is "purse seining", which involves floating a net on the surface and trapping the fish that come up to feed. The oils are treated according to an innovative technological process (Pronova Biocare technology, patent registered in 2004), which allows the oils of pollutants to be removed, which they are likely to contain because the fish

were caught out at sea in a polluted environment. Therefore the resulting food supplement meets even the strictest standards regarding environmental pollutants. These standards are defined by the Qualitysilver® logo, which guarantees 10 to 20 less residues than the official standards authorised with regard to heavy metals, dioxines, PCBs, organochloric pesticides (HCB, HCH, Lindane, DDT) and brominated flame retardants. In addition, a process allows the stability of the oils to be improved, which otherwise tend to become oxidized, giving a fishy taste (Qualitysilver® label). By choosing Qualitysilver®, you are assured maximum fish oil PURITY, QUALITY and STABILITY. The active ingredient content is guaranteed through regular analyses that can be viewed online.

Use

DIRECTIONS:

3 capsules per day with half a glass of water before mealtimes.

WARNINGS:

Not recommended for pregnant or lactating women. Do not exceed the recommended daily dose.

ADVICES:

Does not replace a varied and balanced diet and a healthy lifestyle. If you are undergoing medical treatment, seek your therapist's advice. For adult use only. Keep out of reach of young children.

STORAGE INSTRUCTIONS:

Store in a cool dry place away from sunlight.

Detailed information

EPA and DHA Essential Fatty Acids are the main components of fatty fish oils such as those found in salmon. Regular consumption **controls excess cholesterol**, helps lower cardiovascular risk and reduces pain and inflammation.

The use of **omega 3** is necessary to obtain essential fatty acids which our body cannot synthesis itself. **Omega 3** greatly improves the lipid balance of a diet normally too high in saturated fatty acids.

Certified Quality

Fish oil in neutral waters

Anastore produces extremely high purity fish oil derived from small fish sourced from sustainable and controlled fishing, exceeding the required quality standards. Meanwhile, farmed fish, particularly salmon, is currently the subject of controversy.

The omega oils in our oils are certified as not derived from salmon and have an unbeatably high purity rate.

THE SITUATION

In a consumer society where consumers are increasingly demanding about the quality and purity of what they eat, fish, recommended for its many nutritional qualities, particularly its fatty acid content, is currently a controversial food. The proliferation of fish 'farms' and environmental pollutants is leading to increased contamination. This can be seen mainly in large fish and in salmon, which is more prone to spreading contamination, due to its long lifespan. **OUR COMMITMENT**

Our commitment to supplying high quality fish oil entails various constraints. Our Qualitysilver® oil, used in our

OMEGA OIL products, is derived from small wild fish caught in the purest fishing zones and is guaranteed not to be derived from salmon. This sustainable fishing meets conformity criteria and strict quotas, resulting in an oil with minimal risk of contamination. Due to a distillation procedure that supplements the conventional method of producing and purifying the oils, this risk becomes non-existent. This technique enables the complete elimination of any contaminated residues and ensures it is one of the purest oils on the market. It exceeds the regulatory standards of purity (PCBs, dioxins, pesticides, heavy metals) required by authorities, as shown in the diagram below.

