Ubiquinol Coenzyme Q10
Obtained by natural fermentation
The essential antioxidant for cellular energy metabolism

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<th>1 unit</th>
<th>3 + 1 free</th>
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<td>100 mg / 30 capsules</td>
<td>25,00 €</td>
<td>75,00 €</td>
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PRINCIPAL INDICATIONS:
Antioxidants

Coenzyme Q10, anti-ageing molecule and cardiovascular protector

Coenzyme Q10 (CoQ10) is a fat-soluble antioxidant produced endogenously in cell mitochondria (the body’s ‘power plants’). Their synthesis decreases with age, and this decrease is related to an increase in oxidative stress, a process that damages cell structure and DNA, and is linked to diseases associated with premature ageing.

Supplementation with CoQ10 could therefore alleviate the symptoms of ageing, thanks to its antioxidant and anti-inflammatory power, and also delay the onset of cardiovascular and neurodegenerative diseases.

Studies have therefore cited CoQ10 as a possible effective nutrient for maintaining cardiovascular health and as an anti-ageing molecule.

Ubiquinol vs. Ubiquinone

For years, the food supplement market has given us products with CoQ10 in the form of ubiquinone, the oxidised form of CoQ10. However, studies show that it is the reduced form of Ubiquinol that has the greatest bioavailability, and that higher plasma levels can be obtained with lower doses.

It is Ubiquinol that Anastore has selected for the formulation of its product, obtained through an exclusive process of fermenting yeasts of natural origin, patented by the company Kaneka™. As leaders in this sector and following years of research, Kaneka™ has been able to produce a coenzyme Q10 identical to the one synthesised by the body itself. Regular consumption of CoQ10 allows the rapid and efficient restoration of CoQ10 levels, especially from the age of 40 onwards, or in people affected by certain age-related conditions.

Its intake in the form of a food supplement does not inhibit or reduce the body’s endogenous natural manufacture of CoQ10. This is why Anastore has opted for this bioidentical Ubiquinol for the manufacture of its food supplement, together with the guarantees of safety, effectiveness and bioavailability offered by Kaneka™.
Regular consumption of 1 capsule per day of Anastore’s highly bioavailable Ubiquinol 100 mg can therefore be beneficial in slowing down ageing processes by providing antioxidant protection as well as aiding vitality and energy (see sources). Bibliography


6. **Ubiquinol is superior to ubiquinone to enhance Coenzyme Q10 status in older men.** Zhang Y, Liu J, Chen XQ, Oliver Chen CY. *Food Funct. 2018 Nov 14;9(11):5653-5659.*

7. [https://www.kanekanutrients.com/kaneka-ubiquinol](https://www.kanekanutrients.com/kaneka-ubiquinol)


**Composition**

**Other ingredients:** capsule (thickener: acetylated distarch adipate, humectant: glycerol, gelling agent: carrageenan, colour: plain caramel, acidity regulator: disodium phosphate).

**FABRICATION AND GUARANTEE:**

This food supplement is manufactured in accordance with GMPs according to current pharmaceutical standards (GMPs are the Good Manufacturing Practices of the European Pharmaceutical Industry). The active ingredient content is guaranteed through regular analyses that can be viewed online.

**Use**

**DIRECTIONS:**

1 capsule per day with a glass of water at mealtime.

**WARNINGS:**

Not recommended for pregnant or lactating women. Do not exceed the recommended daily dose.

**ADVICEs:**

Does not replace a varied and balanced diet and a healthy lifestyle. If you are undergoing medical treatment, seek your therapist’s advice. For adult use only. Keep out of reach of young children.

**STORAGE INSTRUCTIONS:**

Store in a cool dry place away from sunlight.