



Tribulus terrestris

Standardised to contain 40% min. in saponins

Improves sexual and sporting performance

	1 unit	3 + 1 free
470 mg / 90 capsules	13,50 €	40,50 €
470 mg / 180 capsules	19,00 €	57,00 €

PRINCIPAL INDICATIONS:

Energy (fatigue), Sexuality, Sport performances (muscle aches)

A plant of Indian origin the *Tribulus terrestris* has a stimulating effect on the immune system, as well as the sexual and reproductive systems. It is also an excellent liver tonic.

In men, the effect of tribulus is an increase in the amount of spermatozoa and a 50% increase of testosterone production. Benefits include faster recovery after muscular effort.

In women, it boosts estradiol concentration, helping to reactivate ovarian function and boost sex drive.

Tribulus terrestris also helps convert cholesterol and fats into energy, which is especially beneficial for athletes looking to improve their performance and resistance.

Our *Tribulus terrestris* is manufactured by a laboratory compliant with the GMP standards of the pharmaceutical industry, ensuring **its high purity level**, which is guaranteed through regular testing.

Composition

INGREDIENTS:

In 1 capsule: 470 mg of dry extract of tribulus fruit (*Tribulus terrestris* L.), standardised to contain 40% in saponins (i.e. 188 mg).

OTHER INGREDIENTS:

- Tribulus terrestris 470 mg / 90 capsules: anti-caking agent (E470b): magnesium salts of fatty acids, anti-caking agent (E551): silicium dioxide. Vegetable-based capsule: hydroxypropyl methylcellulose.
- Tribulus terrestris 470 mg / 180 capsules: anti-caking agent (E470b): magnesium salts of fatty acids, anti-caking agent (E551): silicium dioxide, vegetable-based capsule: hydroxypropyl methylcellulose.

ALLERGENS:

This product does not contain allergens (in accordance with Regulation (EU) No 1169/2011) nor genetically modified organisms.

FABRICATION AND GUARANTEE:

This dietary supplement is manufactured by a GMP-compliant laboratory (GMPs are the good manufacturing practice guidelines for the European pharmaceutical industry). Their active principle content is guaranteed through regular tests, which can be viewed online.

Use

DIRECTIONS:

1 capsule per day with half a glass of water at mealtime.

WARNINGS:

Do not use in children and adolescents under 21, or if pregnant or breastfeeding. Not recommended in case of blood pressure or anti-diabetic treatment. Consult your doctor or pharmacist in case of simultaneous use of blood pressure or anti-diabetic treatment. Do not exceed the recommended daily dose.

ADVICES:

Does not replace a varied and balanced diet and a healthy lifestyle. If you are undergoing medical treatment, seek your therapist's advice. For adult use only. Keep out of reach of young children.

STORAGE INSTRUCTIONS:

Store in a cool dry place away from sunlight.

Detailed information

Tribulus terrestris, a plant originating from India and belonging to the Zygophyllaceae family, has a stimulating effect on the immune system as well as on the sexual/reproductive system.

In women, *Tribulus terrestris* significantly increases the concentration of estradiol, allowing a reactivation of the ovarian functions as well as reducing frigidity and pre- and post-menopausal symptoms.

In men, the effect of tribulus is an increase in the amount of spermatozoa and a 50% increase of testosterone production.

Aside from being an excellent liver toner, tribulus is also very good for the conversion of cholesterol and fat into energy. This is particularly useful to sports enthusiasts who want to improve their performance and endurance. On the other hand, increasing the level of testosterone allows better protein synthesis and quicker recovery from muscular exertion.